





Food & Nutrition Services

# NOVEMBER 2022

## U-46 MIDDLE & HIGH SCHOOL SUPPER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 TURKEY AND CHEESE ON A DIAMOND JIM ROLL	1 PEANUT BUTTER AND JELLY SANDWICH	2 HAM AND CHEESE WRAP	3 ITALIAN SUB SANDWICH ON FRENCH BREAD  MILK - JUICE - FRUIT	4 NO SCHOOL
7 HAM AND CHEESE ON A DIAMOND JIM ROLL  MILK - JUICE - FRUIT	8 ELECTION DAY!  MILK - JUICE - FRUIT	9 PEANUT BUTTER AND JELLY SANDWICH  MILK - JUICE - FRUIT	10 ITALIAN SUB ON FRENCH BREAD BUN  MILK - JUICE - FRUIT	11 NO SCHOOL
14 HAM AND CHEESE ON A DIAMOND JIM ROLL  MILK - JUICE - FRUIT	15 PEANUT BUTTER AND JELLY SANDWICH WITH A CHEESE STICK  MILK - JUICE - FRUIT	16 TURKEY BACON LETTUCE & TOMATO WRAP  MILK - JUICE - FRUIT	17 TURKEY AND CHEESE ON A DIAMOND JIM ROLL  MILK - JUICE - FRUIT	18 NO SCHOOL
21 CHICKEN AND RANCH WRAP  MILK - JUICE - FRUIT	22 HAM AND CHEESE ON A DIAMOND JIM ROLL  MILK - JUICE - FRUIT			
28	29	30	1	2
TURKEY AND CHEESE ON A DIAMOND JIM ROLL  MILK - JUICE - FRUIT	PEANUT BUTTER JAMWICH WITH CRACKERS AND A CHEESE STICK  MILK - JUICE - FRUIT	ITALIAN SUB SANDWICH ON FRENCH BREAD  MILK - JUICE - FRUIT	BBQ CHICKEN ON A SOFT ROLL  MILK - JUICE - FRUIT	NO SCHOOL

-Chicken Sandwiches  
-House Made Pizzas  
Bosco Sticks w/Marinara  
Hamburgers  
Corn Dogs  
Chicken Tenders  
**Check your school's  
menu board for  
specifics.**

Choice of fruit,  
vegetables, and milk  
offered with all entree  
options.

You need to take a FULL  
serving of fruit and/or  
vegetables to make your  
meal complete.

**MENU SUBJECT TO CHANGE**

Find Allergen and  
Carbohydrate  
information at:  
<https://www.u-46.org/Page/9190>  
Menu Questions?  
Contact Christine  
Cliff, U-46.org or  
(847)888-5000  
x5034

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